

## 1. ABOUT FLFE

### WHAT IS LIFE-FORCE ENERGY?

Life-Force Energy is the energy of life itself. It is the energy behind the creative process of life. It is the energy the sages talk about in the story of creation and all things emerging from this energy. The sages explain that it can't be described completely with words. It is the basic substrate of life itself. In different cultures at different times it has been called prana, chi, and expressed in the body at times as kundalini energy. It is recognized in the meridian system in Chinese medicine and it can be manipulated through acupuncture and acupressure. It is a universal energy. Science has recognized that these energies are everywhere and are present in atomic structures such as protons, neutron, electrons and quarks. Quantum physicists are learning to measure it. It is the energy that causes the results of an experiment to change based on the conscious and unconscious intent of the observer.

### HOW IS THE ENERGY TRANSMITTED?

FLFE is a system that uses subtle energies. Subtle energies are currently only marginally accepted by Western science because there is not yet a scientific instrument that can see and measure these energies. Chinese medicine (and other non-western science) does recognize these energies and the treatment modality of acupuncture unblocks and balances the flow of subtle energies in the body. Western medicine acknowledges that acupuncture works but they don't understand why. We think that eventually an instrument will be developed that will allow us to see and measure these energies. In the meantime we have a sensitive instrument that in certain situations can measure these energies accurately. It is the human body. Clayton has become proficient at Conscious Kinesiology over years of research and millions of measurements. We use that "instrument" to measure the level of consciousness increase that results from FLFE.

Since FLFE uses subtle energies, there are very different transmission methods from other energies. Our FLFE machine use a design similar to experimental set-ups employed by Nikola Tesla in which stacks of plates and coils are pulsed with high speed alternating current. The machines uses the fields generated to focus and concentrate universal subtle energies that are available all around us. The output stack, which is the focus of the intense subtle, is where we put our programs. When the programs include a legal address there is an association (technically known as entanglement) between our machine and the property. Immediately there is an effect on the property.

The property and the machine are entangled in some sort of quantum standing wave. Our programs produce the effect on the property and then we measure the effects with the scale of Dr. David Hawkins Map of Consciousness.

### WHAT IS DR HAWKIN'S MAP OF CONSCIOUSNESS?

In the latter half of the 20th Century, a very successful psychiatrist, David R. Hawkins, M.D., Ph.D., after treating thousands of patients, began to see common levels of thinking, feeling and acting. He realized that people's challenges and advances depend on their level of consciousness.

He first outlined a scale measuring levels of consciousness or vibration, named the 'Hawkins Map of Consciousness', in his New York Times bestselling book 'Power Versus Force' (1995). Hawkins, along with a group of researchers, over a period of more than twenty-five years, used kinesiology to measure the level of consciousness in everything they could imagine; people, books, music, events, countries, locations.

Hawkins documented these consciousness levels in a scale from 1 to 1,000. On this scale 200 is the level above which we begin to add energy to everything around us. Below 200 we are net consumers of energy. A few of these levels are: Shame, which vibrates at 20, Fear is 100, Courage is 200, Acceptance is 350 and Love is 500. Enlightenment levels range from 600 to 1000. Today tens of thousands of Hawkins students and practitioners in multiple disciplines use the Hawkins Map to measure and effect change in quality of life and personal evolution.

## HOW DOES FLFE RAISE MY LEVEL OF CONSCIOUSNESS?

Being in a high consciousness field means more energy, more resources, is available in the area. On average FLFE customers rise 8 points on the Hawkins Map of consciousness in 90 days. Each point upwards on the Hawkins Map means 10 times more energy is available. The average person in both FLFE Home **and** Mobile raises their level of consciousness 12 points in 90 days. Over the previous 3-5 years before they started the service these same customers rose 0.1 point over 90 days.

With FLFE, the typical property goes from 420 to 560 on the Hawkins map, according to our Kinesiology testing. At this time, approximately 5 out of 1000 people in the world are at the average level of consciousness of 540 or higher. As your property climbs to the level of consciousness of 555 and above, your personal level of consciousness will automatically move up. If your average level of consciousness is already in the new and higher range of the property you will be supported to stay in that range. Without that support your level of consciousness (vibration) could fluctuate due to external situations or thought patterns. Visitors, pets and other people living or working on the property will also rise in consciousness.

## WHO STARTED FLFE?

**Jeffrey Stegman's** focus has been on creating a high consciousness culture in his businesses, which parallels his own personal spiritual path. Jeffrey is the co-owner of two manufacturing businesses, including one that has been in business since 1835. FLFE is a confluence of Jeffrey's manufacturing, engineering, business and spiritual evolution. Jeffrey lives in Cincinnati, Ohio, US.

**Clayten Stedmann** has worked in the education, training and coaching business for over 30 years. For the last 20 years he has focused on business as a spiritual path in his coaching practice. Since discovering Consciousness Kinesiology (CK) in 2004 he has done over five million CK calibrations and created over 10 consciousness assessments and several unique energetic medicine protocols. FLFE is a continuation of his purposeful intention to create the conditions for humanity to have a higher level of consciousness. Clayten lives in Nelson, BC, Canada.

## HOW CAN I LEARN MORE ABOUT FLFE?

Listen to interviews with FLFE founders on the [MEDIA](#) page. When you log in to your Member Login, click on Resources for documents and audio to download.

## 2. STARTING YOUR FREE TRIAL OR SUBSCRIPTION

### WHAT ARE THE REQUIREMENTS FOR THE APPLICATION OF FOCUSED LIFE-FORCE ENERGY TO YOUR HOME?

The location of your physical address. To apply the Focused Life-Force Energy we must have a specific legal address (as defined by your country's government) that clearly identifies the property. In most cases that will be your mailing address, including the zip code. Be sure to include your building number or letter, your unit or apartment number. Each subscription applies the FLFE to one specific location. Consulting a mapping program on the web like [Google Maps](#) may be helpful to be sure that the address clearly identifies the property.

In some cases, particularly away from urban areas or for a large tract of land, other legal designations can be found in government documents or records. Examples of these would be parcel numbers, lot numbers and legal descriptions on deeds. Throughout the site we may use "property", "location" and "address" when referring to the application of FLFE. We are always referring to the full legal address.

### DO YOU TAKE AMERICAN EXPRESS OR PAYPAL?

At the moment we are not able to accept American Express and no prepaid credit cards. Many of our customers pay with Pay Pal. Note that if you need to cancel your subscription, please contact FLFE, not only by cancelling your payments through Pay Pal.

### DOES FLFE WORK FOR APARTMENTS?

FLFE works quite well with apartment buildings as long as we have a good legal address with an apartment number. In fact, we are finding that many apartment buildings have apartments that are affected by geopathic stress zones in the building. When electrical lines and water lines run up and down buildings, often in elevator shafts, junction boxes and splices can create zones where the energy is disturbed. These create geopathic stress areas that are not good to live in. We can tell where these zones are because the level of consciousness is very low, below 200 on the Hawkins Map. We added new programs into FLFE to take care of this. When we measured the level of consciousness of the apartments after the change, the levels went up to the 540-570 zone that we expect.

In an apartment, nearby neighbors benefit from FLFE as the energy radiates out from the apartment. We have noticed that the FLFE energy particularly moves along common walls.

## WHY CAN I NOT HEAR ANY SOUND? DO I NEED TO HAVE MY COMPUTER ON?

The FLFE energy is subtle energy, also called chi/qi or prana. The FLFE wave is not a sound wave so you will not hear any sound. You do not need to have the speakers on. The computer does not need to be on. You can leave the computer off or on all the time if you wish. As a trial subscriber, you can turn the FLFE wave OFF and ON by [logging into your control panel](#) using your email address and password. We're sorry, we're unable to provide this ON/OFF service for FLFE subscribers.

## WHAT IS THE DIFFERENCE BETWEEN THE HOME, BUSINESS AND MOBILE SUBSCRIPTIONS?

The Home/Business subscriptions are much more extensive than FLFE Mobile, because of the motion of a Mobile object.

The two major Home/Business programs are clearing the property energy and correction of geopathic stress.

- 1) Clearing the negative history of the property. Every home or business has a history. That history is still present and affecting us, including affecting our mood and thoughts. This program clears it out and keeps clearing it out.
- 2) Correction of geopathic stress. This stress is caused by things on the land, such as underground streams and earth ley lines or by power lines and water/sewer pipes. This can create a very low energy negative environment. We have found a way to correct this for the most part. Our kinesiology testing also shows a partial harmonization of EMF energy from cell phones and wifi, though we don't have full research and confirmation on that.
- 3) Compared to Mobile, the Home / Business subscriptions provide additional enhancing programs for focus, concentration, sleep and health. They have a program for grounding and a program for getting unstuck, or with other words 'anti stagnation', (similar to traditional Chinese Medicine).

The FLFE Mobile breakthrough is to be able to take the high consciousness (much more energy available) environment with you as well as programs to resolve negative history (karma) between people in the FLFE field surrounding the object. A FLFE Mobile object can travel at high speed, such as on a highway and even more than 500 mph on a plane. The Mobile subscription has the following programs:

- 300' high consciousness bubble
- Support for healing of negative karma between people in the bubble
- Immune System Support
- Antioxidant Support
- GI Tract (*gastrointestinal tract* or *digestive tract*) Optimization

An important reason to have FLFE Mobile as well as Home/Business is to keep the body in the high consciousness field so that the physical and emotional/psychological healing can continue and not stop and start as you go on and off the property. We have seen a big benefit for people who are using both home subscriptions and FLFE Mobile because their bodies are in the high

consciousness environment 24/7 and the body has the available energy for physical healing and raising of consciousness of the individual at a faster pace.

## 3. CUSTOMER QUESTIONS

### HOW DO I CHANGE MY SUBSCRIPTION ADDRESS?

1. Go to the FLFE website. At the top of the page, click on “Member Login”. Use the email address and password you used to begin your subscription (in the FLFE Welcome Letter). Don’t worry, we can recover a password if you’ve forgotten it. You can use the “Forgot my password” button, email us at [contact@flfe.net](mailto:contact@flfe.net) or call the office at 250-352-9909.
2. In the navigation header choose “View/Change/Cancel My Properties”
3. Find the subscription you wish to change from the list (if you have multiple addresses with FLFE applied).
4. Click on the “Change Property Address (green checkmark)” button.
5. Enter your new property information and click “OK”. You will then see a final confirmation screen.
6. Your gift of the energy to a Religious or Spiritual Organization continues on for as long as we offer the service.

Note: If you are having difficulties with this process, please contact us at 250-352-9909 or by email at [contact@flfe.net](mailto:contact@flfe.net).

### HOW DO I APPLY FOCUSED LIFE-FORCE ENERGY TO ADDITIONAL PROPERTIES?

1. Go to the [FLFE website](#). At the top of the page, click on “Member Login”. Use the email address and password you used to begin your subscription (in the FLFE Welcome Letter). If you’ve forgotten your password, you can use the “Forgot my password” button to receive a reset email.
2. In the navigation header choose “Add/Change/Cancel My Properties”
3. Scroll down past your current property address(es) and click the “Subscribe Now” button.
4. Select a subscription option for the new property.

### HOW DO I CANCEL MY SUBSCRIPTION?

Send an email to [contact@flfe.net](mailto:contact@flfe.net) or call our office at 250-352-9909 between 9AM and 5PM PST.

Even if you cancelled with PayPal, please phone or email FLFE to notify us any changes in your subscription.

### HOW CAN FLFE CLEAR THE ENERGY OF A HOUSE?

The FLFE wave works in three stages. First, the property is cleaned up of any negative energies from the history of the land and building. We have found negatives energies from 1000 years ago that were affecting a property. The second stage is flowing in positive, higher vibrating energies

into the property. 99% of properties rise to 555 on the Hawkins Map in 5 seconds. Any level above 500 means that the home feels loving and like a sanctuary.

The third stage is enhancements. We have many programs in this stage for effects such as deeper sleep, more focus and concentration, supporting loving relationships and supporting stagnation in people's energetic systems to be cleared and energy to flow freely and connect to the earth. These cycles happen rapidly and continuously to keep the property clear high vibration. We did some research into homes that were not sold after a year and the average level of consciousness was under 200. Properties in that area do not feel good or like "home".

## 4. FLFE AND HEALING

### HOW DOES FLFE AFFECT SLEEP?

There is sometimes a period of adjustment in the body/mind/spirit when one is in a high consciousness environment like those that FLFE creates. We often use the metaphor of the extra energy from FLFE being like a cheque that we would be able to write to renovate our house. The body's innate intelligence uses the extra energy from the FLFE environment to do the interior "renovations" that it has wanted to do for perhaps years or in some case decades. We did a lot of research on optimal sleep and included that very early on as that is something that we wanted personally. Please contact the FLFE office if you need further assistance.

### HOW CAN FLFE HELP WITH HEALING?

Being in a high consciousness field means more energy available. On average FLFE customers rise 8 points on the Hawkins Map of consciousness in 90 days. Each point upwards on the Hawkins Map means 10 times more energy is available. The body can take in that energy and uses it for healing, physical healing and emotional/ psychological healing. FLFE can support healing our immune system, GI tract (*gastrointestinal tract* or *digestive tract*), *antioxidants*, *detoxing of liver and gallbladder*.

FLFE also has an anti-stagnation program. Subtle energy flows through our bodies in the meridians and between the different energetic aspects of our human systems. When we have stagnation we feel stuck and we may have a difficult time moving forward in our lives to improve our health, relationships and other things important to us. Chinese medicine can help to clear stagnation with acupuncture. FLFE does it 24/7. For some customers, this initially feels intense as the old energy is moving out.

### I FEEL SICK, AM I NOT SUPPOSED TO GET HEALTHIER?

If you feel any discomfort in the FLFE environment, it might be that your energy field is holding emotions that are stuck and are wanting to be released. In a high consciousness field with more energy available, the body takes on healing projects it may not have had energy to do before. The FLFE environment helps release stuck energy, first making one aware that there is low consciousness energy, which feels uncomfortable. There are a variety of methods to release this energy from exercise to journaling to energetic medicine tools. Giving the uncomfortable energy space and attention to reveal itself can lead to permanent clearing or healing.

The body may show symptoms of detox as well. Detoxing can look like “sickness”, though they are symptoms of healing. A few of our customers experience a liver and gallbladder cleanse. Everyone is different and responds differently. Remember to drink up to 4 liters of water each day. Our customer service team are happy to talk more to you about your situation.

## WHY AM I NOTICING MORE CONFLICT THAN BEFORE STARTING FLFE?

Thoughts and emotions that are not shared build up over time and anger is one of the fastest ways to release emotions. You have the choice how you are releasing the anger. For example, taking time to release that energy through exercise, journaling, energy medicine, lots of slow deep breaths, being in nature or following your spiritual practice. Agreeing to talk about sensitive, emotionally charged subjects with loved ones can help get to the root cause of this anger which usually is rooted in a hurt part of ourselves that needs our own love.

## I AM EXPERIENCING DEEP FEELINGS OF SADNESS AND ANGER, WHY?

These are old emotions that have been stuck in the body and are coming up, wanting to release. Being gentle with our selves, deeply listening to these emotions and allowing them to come up and release can make this process much more graceful and faster. Self-compassion, mindfulness and energy medicine tools can help with this process. Know that this will pass – you have just speeded up your healing journey!

When an uncomfortable emotion reveals itself, it is a gift within the FLFE environment. Prior to revealing itself, this emotion has been creating unconscious hardship, with exercising self-care and healing tools this emotion can permanently release from our program, raising our consciousness and freeing us from unconscious limitations.

## WHY SHOULD I DRINK SO MUCH WATER?

As a reminder, in the FLFE energetic environment your body also starts to physically repair things that may have been “on-hold” for years or decades due to a lack of energetic resources. It is very helpful to drink more water than normal. Your body’s increased metabolic processes and waste removal require more water.

## 5. FLFE IN SERVICE FOR THE WORLD

### WHY DO YOU CALL IT A PUBLIC ACCESS PROJECT?

In the past many benevolent intentions and projects have been given to the world without public knowledge. This could be as simple as monks praying for the salvation of all of humanity or anonymous donors giving to a local charity. It is appropriate for this energy at this time to be shared with the public in a way that the public understands the intentions of it, the capacity of it and that they can experience the personal benefits of it. Once this public access project is sufficiently established it will link to similar projects around the world for a synchronistic effect.

## **WHY ARE YOU NOT PROVIDING THIS SERVICE FREE OF CHARGE?**

Clayten and Jeff originally developed the technology to raise consciousness in critical areas of the planet and service projects continue to be important to FLFE. Your FLFE subscription allows us to continue this work. The application of the Life-Force Energy in a focused way through the redirection technology and processes is beneficial to the individual, to the property, to the earth and to all of creation in ways we are just beginning to understand. This project is being monetized to fund its expansion for the benefit of all and to fund other projects to benefit humanity. Every customer may give away a free permanent subscription of FLFE subscription to a religious or spiritual organization location anywhere in the world.

## **WHAT IS THE CALL OF THE REFUGEES?**

We have started a large project to raise the level of consciousness in Refugee camps. Our first camp had more than 300,000 people in it and with special programs the camp rose in consciousness more than 30 points (each point means 10x more positive energy available). We are working within a larger project, the [Call of the Refugees](#). It is an invitation for prayers and blessings for the 65 million children, women and men who are living in camps due to war, drought and famine. Each week one camp – name and location are provided – is highlighted for us to send our prayers to. FLFE is applied on each camp along with the prayers.

## **HOW CAN I SUPPORT THE PROJECT?**

Thoughts are things, so please send us your positive thoughts. Please tell your friends. You can become a customer and you can also give the gift of this energy to your friends (please ask your friends to sign up with their own email address and name).

You could also become a [REFERRAL PARTNER](#) and promote the FLFE website on your website or blog. When you become a paying subscriber, you are welcome to sign up as a referral partner and we will support you with links and banners to get you started referring people quickly from your website, blog, email list, or social media. We will pay you recurring 20% commissions for every visitor you send our way who subscribes to our service – for the life of their subscription.