



FOCUSED **LIFE-FORCE** ENERGY

SUPPORTING A HIGHER LEVEL OF CONSCIOUSNESS

# Getting Started with FLFE

# Quick Q&A

## How do I activate the service?

Once you sign up on our website, the service becomes active automatically, using quantum association, usually within a few minutes. You'll receive an email with your login and password when it becomes active.

## Do I need an app?

An app is not needed, the service associates to your phone, personal object or property. It stays on unless you turn it off from the control panel, which may be found by visiting the website and going to 'Login' or directly at [www.ccp.flfe.net](http://www.ccp.flfe.net)

## Do I need to log in every day?

No, though customers do log in to use their daily boost, or to adjust the service level on the Property service.

## What am I getting with the service?

The Flagship (\$35 & up) services have approximately 20+ features, and the EMF Mitigation service has 5 features. The details can be found here: <https://www.flfe.net/subscribe/>

## How do I turn each feature on and off?

The FLFE Service relies on your innate intelligence to access the high-consciousness energy. Your body innately knows what to do - so there's no need to turn the programs on or off. Your body will do the work. You may toggle the EMF and Main Service on or off - which will be covered in the following pages.

# Why Hydration Matters

Staying hydrated on FLFE allows the service to be as effective as it can be. Your body now has more life-force energy available in the environment, and with this energy it may take on old healing projects, which will require adequate hydration.

[Access the Easy Calculator](#)



## Hydration Tips

- Use an Electrolyte 1x per day
- Drink a good portion in the morning.
- Give your body a few days to adjust.

### *Example*

Body Weight in LB ( 150 )

$$\begin{array}{r} \times \quad .8 \\ \hline 120 \text{ oz.} \end{array}$$

Reminder: If you're not fully hydrated the service will scale back as to not tax the body. The tips here are to maximize the effectiveness of the service.

# Suggested Supplements

Because you are in a high-consciousness field with the FLFE service, your nervous system will begin to expand to carry more light. We've done extensive research and found a combination of supplements that supports optimal neurological growth and function.

[Access the Supplements Page](#)

Essential Fatty Acids

Magnesium

Vitamin D (or real sun)

Zinc

Sunflower Lecithin

Amino Acids



# Adjusting To The Service

## Intense Emotions

When we increase our level of consciousness old emotional projects may also come up for healing and resolution. This is temporary, and it varies from person-to-person. Just know that when we address these - even more joy becomes available. Here are a few tips:

## Check your Hydration

As your body adjusts to more energy available for healing increased hydration is helpful. One of the first signs of dehydration is moodiness. It may be helpful to check your urine color regularly. <https://www.healthline.com/health/hydration-chart>

## Take Breaks If Needed

You may pause the service if things feel too intense having it on 24/7. Some people sleep wonderfully with FLFE and some need to pause it during sleep - we're each unique, so always do what feels best.

## Experiment

Experiment with EMF Mitigation. Turn on and off to see what you notice. You may also turn the main service on and off to see what you notice.

## Adjust The Slider/Service Level (Property Feature)

You can experiment and see what you notice. The FLFE Property service LOC may be adjusted anywhere from 400-570. You will find the settings in the Customer Portal under "My Properties". Lowering the service will also reduce the hydration requirements.

# Further Learning

## What is LOC?

LOC stands for Level of Consciousness. Our service is based on the activation of a high-consciousness field. We determine LOC using kinesiology and a scale parallel to Dr. David R. Hawkins Map of Consciousness®.

## Does the service affect my body?

The FLFE environment has much more positive energy available for your body to thrive. Here is an example of how plants thrive with FLFE. <https://www.flfe.net/plant-experiment-1/>

## FLFE Facebook Group

Join our FLFE Facebook Community for customer support and connection.

## FLFE Live Webinars

FLFE has regular webinars featuring co-founders Jeffrey Stedman & Clayton Stedmann. As a subscriber of FLFE you will receive invitations via email as long as you've opted in to receive emails. We also announce the webinars on the website and our various social media channels. [www.flfe.net/webinars](http://www.flfe.net/webinars)

## FLFE Podcast: Fields of Consciousness

Find the FLFE podcast on your favorite podcast station, or by visiting our website at [www.flfe.net/podcast-home](http://www.flfe.net/podcast-home).

## How do I reach customer service?

We have live customer service available 6 days per week. You can reach FLFE Customer service Monday-Friday from 7 AM - 10 PM and Saturday from 7 AM - 5 PM Pacific time by phone or email. You may respond to the first email you received from us to reach your representative directly, or give us a call at 250.352.9909 or Toll-free US & Canada: 888.610.3533.

# Control Panel Basics

## How do I access my Control Panel?

Your password will arrive via email at the address you provided. Using your login and password, from our main website click “Customer Login” or navigate directly there by visiting [www.ccp.flfe.net](http://www.ccp.flfe.net)

## Choose The Subscription You Want To Access

Next, choose either “My Properties” or “My Mobile Phones” to select the subscription you are accessing. The boost and other items mentioned below appear on the next screen, once you choose “My Properties” or “My Mobile Phones”.

## Boost

Each Flagship subscription comes with a daily boost. When your boost is available to use it will be GREEN. When the boost is active it will say “ACTIVE” For Property Subscribers, the number on your slider will remain the same. When the boost is used it will say “SPENT” and a new boost will reappear each day at the subscribers local time, midnight.

## Consciousness Controller, “Slider”

As a feature of the Property Service found under “My Properties” the slider feature allows you to set the LOC of your property service.

## Address / Phone Number Settings

You may change your address or phone number settings any time you like (while traveling, etc.), directing your service to another property or mobile phone This may be changed under “My Properties” or “My Mobile Phones”.

# The FLFE Flagship Features

- High-Consciousness Field\*
- EMF Mitigation\*
- Grounding
- Sleep Support
- Enhanced Energy
- Energized Food & Nutrients\*
- Structured Water
- Anti-Stagnation
- Relationship & Communication Support
- Support for Plants & Pets
- Immune Support\*
- Brain Optimization\*
- Liver-Kidney-Gallbladder Optimization
- Clearing/Geopathic Stress Mitigation (not available for mobile)
- Hydration Support
- Meditation & Creative Support
- Support for Concentration
- Energize your Business/Career

## What is meant by “Flagship?”

The FLFE Free Trial, FLFE Mobile, FLFE Property and FLFE Business subscriptions were the first services offered by FLFE, and therefore are referred to as our Flagship Service. Several years ago we added a lower-cost option, Smarter EMF, which combines 5 health benefits from the Flagship Service.

*\*The Smarter EMF Features are indicated with an asterisk \**



# Additional Membership Benefits

## Access to our Private Community

Our private community of members is a great place for learning, questions, and to share experiences. Currently we have a Private Facebook Group, and will have an additional private forum soon. <https://www.facebook.com/groups/focusedlifeforceenergy/>

## Live Customer Service

Do you need to speak to a real person? We've got you covered. You may email us, call us, request a call, or visit our Private Community for questions and support. For support hours please visit our website. Hours are listed at the bottom of each page. To reach your personal representative, simply reply to any of the emails you've received from us - and don't forget to opt-in by using the link we emailed when you signed up. If you don't Opt In, we can't reach you.

Tel: 250.352.9909 | Toll-free US & Canada: 888.610.353

## Community Resources

Our Resources section continues to expand. You'll find the Resources in your control panel, on the main page after you log in.

Here you'll find:

- Webinar Replays
- FLFE Meditation Videos
- Hydration & Supplementation Tips
- The FLFE Magnetizing Process - a manifesting tool